

Writing Groups

During our early writing groups, we encourage children to develop a tripod grip using their dominant hand (if they have one). Usually developed in children around the ages of 3-5, the tripod grip is the name for the most comfortable position to hold a pen.



We encourage use of the 'pincer grip' by threading small beads, which helps children to develop the correct pressure for gripping different things. Using clothes pegs and tweezers we also aim to build strength in fingers and the arch of their palms.



To encourage children to practise reading and writing their names we provide each child with their own name 'mat' and encourage children to fill the letters of their name using playdough or crayons and then make their name using magnetic or velcro letters. We then challenge children to trace over the letters of their name until they are comfortable to try and write their name independently.

